

SOUTH SNOHOMISH COUNTY SERVICES GUIDE– Updated 06/03/2020 @ 0700

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A. COVID Specific Resources		
Washington 2-1-1	Information or answers to your questions and concerns re: coronavirus	Call: 800-525-0127 or text <i>Coronavirus</i> to 211-211
Facebook	Community Help in the COVID-19 Information Center	Social Media: facebook.com/covidsupport
Nextdoor	Neighbors offer help to one another during COVID-19.	Webpage: Click here to join your neighborhood
Sno County Resource Portal	Maps and links to community resources: healthcare access, food locations, childcare locations, donations and volunteer opportunities.	Phone: 425-388-3944 Webpage: https://tinyurl.com/SnoCoCOVIDHUB
Lynnwood Connects	Check-in program aimed at helping members of the community stay connected. Provided in Arabic, Chinese, German, Korean, Russian, Spanish, and Ukrainian.	Phone: 425-670-5035 Webpage: lynnwoodwa.gov
Washington Info	Up to date facts from reliable source	Webpage: coronavirus.wa.gov
Assessment Tool	Learn what the Coronavirus symptoms are and if you need medical assistance.	Webpage: providence.org
Snohomish Health District	Sign up for up to date health alerts/information specific to Snohomish County.	Phone: 800-525-0127 and press # Webpage: www.snohd.org/notifyme
DOH Call Center	Staffed from 6a-10p, 7 days per week. Not a testing center, information only.	Phone: #800-525-0127
Long Term Care	Questions about coronavirus.	Phone: 800-525-0127 Webpage: Washington State Coronavirus Response
Give Well Local	Agencies can post a need and individuals can meet that need - volunteers, food, safety devices [masks].	Phone: 425-261-3344 Webpage: www.Givewelllocal.org
Human Services Resource	Looking for Assistance during the COVID pandemic?	Phone: 425-388-7200 Webpage: webpage

B. Food		
Community Transit now offering bus routes to area foodbanks: Visit Community Transit's webpage to learn more.		
Food Lifeline	To find your nearest food bank, enter your zip code	Webpage: https://foodlifeline.org/need-food/
Foodbank Coalition	Information regarding the 21 foodbanks in Snohomish County.	Webpage: Foodbankcoalition
Edmonds Senior Center	Verdant and Edmonds Senior Center supporting isolated seniors in South Snohomish County.	Phone: #425-954-2523 Webpage: Helping Hands Project Email: michelle.reitan@edmondswaterfrontcenter.org
MLT Foodbank	Tuesdays 9:30-11:30am @ 23000 Lakeview Drive	Phone: #425-778-7227 Webpage: https://www.concern4neighborsfb.org/
MLT Options	Calvary Fellowship 56 th AVE W and 24026 54 th AVE W and 241 st ST SW & 60 th AVE W God's Grace Homeless Ministry, MLT Library every other Saturday at 5pm [4/18, 5/2, 5/16] Creekside Church 18527 60 th AVE W on Wednesdays @ 5pm	
Lynnwood Foodbank	Open Wednesdays 11a-5p and Fridays 10a-1p	Phone: #425-745-1635 Webpage: www.lynnwoodfoodbank.org
Catholic Community Services	Diapers, wipes and baby formula. Everett & MLT locations) While supplies last.	Phone: 425-259-3191 (South Everett - VOA) Phone: 206-487-2414 (MLT – St Pius X Church)
Northshore Sr Center	Mon-Fri 11:45-1215 + delivery. Pop-up pantry Tues & Friday 11-1pm.	Phone: #425-487-2441
Meals on Wheels	Emergency meals for those currently on the plan.	Phone: #425-513-1900 Webpage: www.homage.org
Boys & Girls Clubs	Lunch daily from 11:30-12p	Webpage: www.bgcsc.org
EBT/Food Stamps	Grocery stores that accept EBT online delivery	Webpage: www.foodstampsnow.com
Albertsons/Safeway	Open Tu & Th from 7a-9a for older adults, compromised individuals.	Phone: #1-877-505-4040 Webpage: deliverysupport@safeway.com
Fred Meyer	Pick up or delivery	Webpage: FredMeyer.com
Walmart	"At risk only" grocery pick up priority.	Webpage: walmart.com/grocery
Amazon	Free delivery over \$25	Webpage: Amazon Delivery
Costco	Open Tu/Th from 8-9a for older adults, pregnant women, compromised individuals.	Phone: 425-697-1062 Webpage: www.costco.com
Target	Open first hour on Wednesdays, for older adults, pregnant women, compromised individuals. Free pick up daily.	Phone: 425-670-1435 Webpage: www.target.com
Whole Foods	Open every day from 8-9am for compromised individuals.	Phone: 425-775-1320
WIC	WIC clinics are providing services over the phone, rather than in-person.	Phone: #1-800-322-2588 Webpage: www.parenthelp123.org
Pet Food	Multiple Snohomish County locations	Webpage: full list
School Meal Pickups Arlington SD -- Fill out the Meal Distribution Form Everett SD -- Pick up Monday – Friday, from 11:30 a.m. - 12:45 p.m. at Evergreen Middle, Cedar Wood Elementary, Garfield Elementary, Hawthorne Elementary, Jefferson Elementary, Lowell Elementary, and Silver Lake Elementary Edmonds SD – Open for ages 1-18, adults can purchase a meal for \$5. Over 25 pickup sites, meals are available M-F. Delivery for those who do not have transportation. Place order by midnight for delivery the next day. Lake Stevens SD – Free for ages 0-18 between 11:30-1pm at LSMS, North Lake. For delivery call #425-335-1500		

Marysville SD – Meal service via school bus M-F from 11:30-12:30p

Monroe SD – Free meals from 11:30-1:30p [lunch and breakfast] at Chain Lake, Frank Wagner, Fryelands, Maltby, and Salem.

Mukilteo SD – Meals include breakfast and lunch from 11:30-1p at Challenger, Horizon, Odyssey, Mariner HS, Columbia, and Serene elementary. Some deliveries can be made with preplanning.

Snohomish SD – Meals are being delivered along school bus routes. Children 0-18. Breakfast and lunch. Valley View MS has pick up options from 12-12:30pm outside of the gym. Also, Aquatic Center 12-1p daily and Snohomish HS 12-1p.

C. Pharmacy		
Edmonds Senior Center	Verdant and Edmonds Senior Center supporting isolated seniors in South Snohomish County.	Phone: #425-954-2523 Webpage: Helping Hands Project Email: michelle.reitan@edmondswaterfrontcenter.org
Axis	They can deliver medications to retail customers in Snohomish County and they accept Medicaid and Medicare Part D.	Phone: #425-672-5800 Webpage: https://www.axispharmacynw.com/
CVS [Target]	Order, free delivery within 24-48 hours	Phone: 425-670-1435 Webpage: https://www.cvs.com/content/delivery
Costco	Pick up and mail order options.	Phone: #800-607-6861 Webpage: Costco.com
Bartell's	Drive through pick up; mail order at select locations	Phone: #425-743-1136 Webpage: https://www.bartelldrugs.com/delivery/
Kaiser Permanente	Pick up and mail order options.	Phone: #800-245-7979 Webpage: KaiserPermanente.org
Safeway	Pickup and delivery options.	Phone: 425-670-9723 Webpage: Safeway.com
Genoa Pharmacy	Accepts Medicaid. Call for delivery location.	Phone: #425-789-3050 Webpage: Genoahealthcare.com
Amazon Pill Pack	Call to and to transfer prescriptions.	Phone: #1-855-745-5725 Webpage: pillpack.com
Walgreens	Free service calls your local store to check availability and insurance coverage.	Phone: 425-741-4302 Webpage: Walgreens.com

D. Housing		
COVID Housing Help	If you have clients who are homeless and are older or have medical conditions / risk factors for COVID-19: Snohomish County recently received funding for emergency housing for people who are homeless and are vulnerable to COVID-19. The program is only accessible through Coordinated Entry, the County is pulling the names from HMIS who screen high for COVID-19 vulnerability and then contacting their Housing Navigators to provide emergency housing.	Phone: 425-388-3411 Webpage: www.snohomishcountywa.gov
Mortgage Relief	Call your lender right away to work out details.	Phone: #877.894.HOME

		Webpage: fhfa.gov
Eviction Relief	Under the governor's order, landlords are barred from evicting someone who fails to pay rent on time. It's in effect for 30 days.	Webpage: everettwa.gov
Rental Assistance	Programs designed to prevent homelessness and assistance in negotiating payment arrangements with landlords.	Phone: 425-259-3191 Webpage: voaww.org
Also see section K. <i>Payment Relief</i> below		

E. Medical		
Swedish Edmonds	Online physician appointment, covered by most insurances	Phone: 425-640-4000 Webpage: www.virtual.swedish.org
Providence Everett	Online physician appointment, covered by most insurances	Phone: 425-261-2000 Webpage: www.virtual.providence.org
Community Health	Nurse Advice Line	Phone: #1-866-418-2920
Everett Clinic	<u>Urgent Care</u> : M-F 7a-7:30p; Sat & Sun 8am-5pm For COVID/Flu concerns. Bothell, Gunderson Bldg (Everett), Harbour Pointe, Marysville, Shoreline, Smokey Pointe	Phone: #425-257-1400 Webpage: www.everettclinic.com
Medical Insurance	Are you eligible for free coverage through Washington Apple Health?	Webpage: www.Healthplanfinder.org
Multi-Care	FREE e-visits for those with Covid-19 symptoms	Webpage: https://www.multicare.org/virtualcare/
South County Fire	Community Resource Paramedic Program can help provide support to you and/or your family by directing you to services.	Phone: 425-551-1239

F. Mental Health		
Disaster Distress Helpline	Talk to someone to help relieve the stress of the pandemic. Free & confidential.	Phone: #1-800-985-5990 text <i>TalkwithUs</i> to 66746 Webpage: www.disasterdistress.samhsa.gov
Crisis Line -- VOA	Free and confidential chats for Snohomish & Whatcom Counties	Phone: #800-584-3578 Webpage: www.imhurting.org
Suicide Prevention	Confidential Hotline	Phone: #1-800-273-8255 Webpage: https://suicidepreventionlifeline.org/
Domestic Violence	Free local resources for those who need help.	Phone: #425-25-ABUSE (425-252-2873) Webpage: https://dvs-snoco.org/
Mental Health America	Support for all members of the community to include financial, mental, acts of violence, etc. Open to all members of the community.	Webpage: MHA's webpage
Caregiver Help	A support team is staffed 11a-10p	Phone: 855-227-3640
Emotional Support	Open 24 hours a day, 7 days a week	Phone: #1-866-342-6892
YWCA Shelter	Confidential Hotline	Phone: #206-461-4882 Webpage: https://www.ywcaworks.org/
Veterans Crisis Line	24-hour help for services members and their families	Phone: #800-273-8255

		Webpage: https://www.veteranscrisisline.net/
Distress Helpline	Free, confidential hotline	Phone: 800-985-5990 or text TalkWithUs to 66746
LGBTQ Youth Suicide Line	24-hr confidential suicide hotline.	Phone: 866-488-7386 or text START to 678678
Trans Lifeline	A peer support service run by trans people, for trans people.	Phone: 877-565-8860
ARC of Snohomish County	Resources for those with developmental disabilities and their families	Phone: 425-258-2459 Webpage: https://www.arcsno.org
SnoCo Crisis	Crisis responder are available 24/7. Free, confidential service.	Phone: 425-388-7215 Webpage: snohomishcountywa.gov
Apple Health Crisis	Free tools for subscribers to include stress & anxiety support (Medicaid)	Phone: 800-584-3578
South County Fire	Community Resource Paramedic Program can help provide support to you and/or your family by directing you to services.	Phone: 425-551-1239

G. Utilities		
Snohomish County PUD	PUD will not disconnect customers for late payment at this time but advises customers to continue regular payments to avoid falling behind.	Phone: #425-783-1000 Webpage: snopud.com
PSE Natural Gas	PSE will work with our customers on options such as payment plans	Phone: 888-225-5773 Webpage: www.pse.com
MLT Water/Sewer	There will be no disconnections. Contact for payment arrangements.	Phone: #425-744-6214 Webpage: utilitybilling@ci.mlt.wa.us
Solid Waste Facility Access	Open daily. Times vary by location.	Phone: #425-388-3425 Webpage: PublicWorks

H. Phone/Internet	
Comcast Internet Essentials	https://www.internetessentials.com/apply Low cost \$9.95 per month (right now free for first 2 months). Eligible if on any kind of public assistance, no outstanding debt from within past year, not an existing customer in last 90 days.
Community Health Plan	https://www.chpw.org/for-members/member-center/featured Free phones for those who qualify.
Sprint	https://www.sprint.com/en/landings/covid-19.html Free next day shipping, no activation fees.
Lifeline is available to eligible low-income consumers in every state, commonwealth, territory, and on Tribal lands. Limit 1 per household. Choose from a landline or a cell phone. The following companies participate Call: #855-282-2740 or https://www.assurancewireless.com/lifeline-services/what-lifeline	
Lifeline	http://www.freegovernmentcellphones.net/states/washington-government-cell-phone-providers
Access Wireless	https://www.freegovernmentcellphones.net/free-cell-phone-providers/access-wireless
Assurance Wireless	https://www.assurancewireless.com
Budget Mobile	https://www.freegovernmentcellphones.net/free-cell-phone-providers/budget-mobile
enTouch Wireless	https://www.entouchwireless.com/states/washington-lifeline-free-phone-service
Kroger Wireless	https://krogerwireless.com/wireless-rewards
Life Wireless	https://www.freegovernmentcellphones.net/free-cell-phone-providers/life-wireless
Q Link Wireless	https://qlinkwireless.com/

Safe Link	https://www.safelink.com/wps/portal/home/h/tandc
Solix/Assurance Wireless	http://www.assurancewireless.com/public/moreprograms.aspx
Tag Mobile	https://www.tagmobile.com
YourTel America	https://www.freegovernmentcellphones.net/free-cell-phone-providers/yourtel-wireless

I. Transportation		
Find A Ride	List of local ride services to include Community Transit (Dial-a-ride),	Webpage: www.findaride.org
Dial-A-Ride (DART)	Call ahead service. Power wheelchair friendly. Fee \$2.25	Phone: 425-347-5912
Everett (Para)transit	Call ahead service. Foldable wheelchair friendly. Discounts.	Phone: 425-257-8801
Homage	Call ahead service. Foldable wheelchair friendly. Discounts.	Phone: 425-740-3797 Webpage: www.homage.org
Homage	Call ahead service. Power wheelchair friendly. Fee \$2.25	Phone: 425-423-8517 Webpage: www.homage.org

J. Misc		
Hygiene Station	Shower + services. Mobile laundry coming soon. Behind Sprouts at 67 th & 196 th in Lynnwood.	
Hygiene Station	Showers, hygiene kits. YMCA 2720 Rockefeller AVE Everett beginning May 26- September 30. Monday through Friday from 9a-6p	Phone: 425-285-7700
Catholic Community Svcs	Diapers, wipes and baby formula.	Phone: 425-259-3191 (South Everett - VOA) Phone: 206-487-2414 (MLT – St Pius X Church)
Verdant Health	Provides resources and support for the health and wellbeing of our community.	Phone: #425-582-8600 Webpage: https://verdanthealth.org
Hand in Hand	Children and families in crisis [food, clothes, services]	Phone: #425-374-3400 Webpage: www.handinhandkids.org
Volunteers of America	Diapers, wipes, toiletries, shoes and clothing assistance.	Phone: 425-259-3191 Webpage: https://www.voaww.org/acrc
Unemployment	M-F from 8a-4p or visit	Phone: #800-318-6022 Webpage: https://esd.wa.gov
Red Cross	Blood donation needed.	Phone: 425-252-4103 Webpage: www.redcross.org
Cornerstone Cares	Free online learning for COVID-19 prevention, promoting selfcare & managing stress	Webpage: cornerstone.com
Childcare Aware	The online Child Care Referral Search.	Phone: #800-446-1114 Webpage: childcareawarewa
Alzheimer's Foundation	Helpline is open 7 days a week, staffed by licensed caregivers.	Phone: #866-232-8484 Webpage: www.alzfdn.org
Human Rights Commission	Under the law, everyone has the right to be free of discrimination at work, housing, in public and when seeking credit & insurance.	Phone: 800-233-3247 Webpage: WSHRC's webpage

K. Payment Relief	Please contact your insurance company and lender directly to discuss options; dates and rates are subject to change.
<ul style="list-style-type: none"> • Allstate: 15% off April and May premiums • Ally Loan Payments: loan payments can be deferred for up to 120 days • American Family Insurance: returning \$50 to its customers, per vehicle • Amica Mutual Insurance: penalty-free grace period through Tuesday, June 2, 2020 • Auto-Owners Insurance: plans to announce a special COVID-19 premium refund program soon to assist personal auto customers • Bank of America Loan Payments: offering payment deferrals • BECU: offering payment relief, loans, and other resources • Citi: offering payment deferrals for credit cards and personal loans for 2 statement cycles* • Chase Loan Payments: offering auto loan and lease, credit card, and mortgage payment assistance • Esurance: offering most customers will get a payback of 15% of monthly auto insurance premiums during April and May • Farmers Insurance: Relied program has expired • Geico: offering a credit in the same amount for customers who renew their policies before Oct.7, or on any newly purchased policies • Key Bank: payment deferrals, loan assistance for existing customers, suspended repossessions-vehicles, residential property foreclosures, & evictions • Liberty Mutual/Safeco: 15% discount on auto premiums for the next two months • Nationwide: providing a \$50 refund to personal auto policy members • Progressive: Relief program has expired • SnoCope Credit Union: Members are encouraged to call directly to take advantage of these relief program 425-405-9973. • StateFarm: Good Neighbor Relief will return \$2 billion in dividends to auto insurance customers. Most customers will see a 25% policy credit • Travelers: 15% credit on their April/May premiums • USAA: auto insurance holders will get a 20% credit on two months of premiums • Washington Federal Mortgage Lender: monthly mortgage payments can be deferred for three months • Wells Fargo Loan Payments: suspended residential property foreclosure sales, evictions, and involuntary automobile repossessions. 	

L. Cash Assistance	
Temporary Assistance for Needy Families (TANF)	Provides temporary cash and medical help for families in need. Refugees and immigrants may be eligible for TANF if they meet program criteria. Pre-screening survey: https://tinyurl.com/v2tlx83 Application: https://tinyurl.com/tuhfsgn If you want to fill out the form in a different language, you can download the form for your preferred language.
National Domestic Workers Alliance Fund	If you are a domestic worker (ex. home care worker, nanny and/or house cleaner), you may be able to receive \$400 in cash assistance from this fund. You can apply here: https://membership.domesticworkers.org/coronavirus-care-fund/
One Fair Way Emergency Fund	If you work in the service industry, you may be able to receive a cash gift from this fund. You can apply here: https://ofwemergencyfund.org/help
COVID-19 Financial Solidarity	If you have a PayPal, Venmo, or CashApp account, you can request help using this form: https://tinyurl.com/tw9karv The organizers suggest requesting under \$500 to help you reach your goal.
IRS non-filers	The (IRS) reminds low-income Americans to use the free, online tool Non-Filers: Enter Payment Info to quickly and easily register to receive their Economic Impact Payment. People can qualify, even if they do not work. www.IRS.gov/coronavirus

M. Immigrant Support	Resources for Undocumented Immigrants
Betancourt Macias Family Emergency Fund	Any undocumented person can apply for funds here: https://www.undocuscholars.com If you are a domestic worker and part of the NDWA (ex. home care worker, nanny and/or house cleaner), you may be able to receive \$400 in cash assistance
National Workers Alliance	https://membership.domesticworkers.org/coronavirus/#fund
One Way Emergency Fund	If you work in the service industry, you may be able to receive a cash gift from this fund. https://ofwemergencyfund.org/help
DACA Scholarships	El Centro De La Raza is offering scholarships to Individuals who need financial support paying for their DACA renewals. They will send a check made out to the Department of Homeland Security in full. http://www.elcentrodelaraza.org/get-help/daca/?fbclid=IwAR3rhuFR-XBXrEQ_DsuVPIZ8C-EUmYGZb4RFcBv7tiBr33KJbMMi4ePvORQ
Relief Fund Undocumented Communities	Applications open on April 8th, and they are estimating to distribute aid between \$500 - \$1,500 per individual. Fill out this form to apply: https://tinyurl.com/vh2c8k4
Washington Immigrant Solidarity Network	providing immigrant and refugee communities COVID- related immediate support and information. They will be providing accurate and vetted information through the WAISN Hotline 1-844-724-3737
Accessing Health Care	You do not need health insurance to visit the doctor. Community health centers offer free and reduced cost healthcare. Find health centers https://findahealthcenter.hrsa.gov/ free and charitable clinics: http://www.nafclinics.org/find-clinic

For an updated list visit: [South County COVID-19 Services Guide](#)