

SOUTH COUNTY FIRE

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CLASSES & EVENTS

Register in advance for any of these free classes at:

www.southsnofire.org/education

A.C.T. to Save A Life First Aid

In just one hour, learn three skills to save a life: Antidote for opiate overdose, CPR & AED for sudden cardiac arrest and Tourniquet for bleeding control. *Third Thursday of each month, 6-7 p.m., Martha Lake Fire Station 21, 16819 13th Ave. W., Lynnwood.*

Child Car Seat Safety

FACT: Three out of four car seats are not used or installed correctly. Learn how to properly use your car seat from birth to the adult seat belt. *First Thursday of each month, 6-8 p.m., Martha Lake Fire Station 21, 16819 13th Ave. W., Lynnwood.*

Neighborhood Disaster Preparedness

Map Your Neighborhood workshops teach neighbors to rely on each other in a disaster. *Third Wednesday of most months, 6-7:30 p.m. See website for dates and locations.*

Neighborhood Night Fire Station Open House

Thursday, November 8, 5:30 to 7 p.m.
Mountlake Terrace Fire Station 19, 5902 232nd St. SW.



Meet your firefighters, tour the fire trucks and learn about emergency services in your neighborhood. Includes free bicycle helmets for kids while supplies last, A.C.T. to Save a Life first aid training and a brief presentation by the fire chief and firefighters.

ON THE COVER:

Prevention Month Fire Station Open House

Saturday, October 13
10 a.m. to 1 p.m.

Martha Lake Fire Station 21
16819 13th Avenue W
Lynnwood

Help us celebrate Fire
Prevention Month at this
free event:

- **Firefighter Challenge:** A hands-on experience for kids to don bunker gear, spray water from a real fire hose and learn what it's like to be a firefighter.
- **Meet your firefighters,** tour the fire trucks and medic unit.
- **A.C.T. to Save a Life** first aid, rescue demos and more!

FALL 2018

SOUTH COUNTY SIREN



SERVING SOUTH SNOHOMISH COUNTY · BRIER · EDMONDS
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Fire Prevention Month FIRE STATION OPEN HOUSE

Join us Saturday,
Oct. 13, 10 a.m.-1 p.m.
Martha Lake Fire Sta. 21

INSIDE: Firefighter helps save his rescuer
Busy wildland fire season

It's our first anniversary!

It has been a busy year for your new fire department. Here's a quick look at highlights from Year 1:



It all starts on Oct. 1, 2017: South County Fire is established as a regional fire authority following voter approval in the primary election. Bruce A. Stedman is sworn in and becomes the first fire chief of the new department following a nationwide search.

Setting our course to be a world-class fire department: Firefighters, staff and elected officials build on the legacy of our past departments to create a new culture and a world-class fire department to serve you. We define our vision: To enhance the lives of our community. To get there, we set values to guide us in all we do: Integrity, Humility, Compassion, Family and Trust.



Launch of the Snohomish County Fire Training Academy: South County Fire and nine other fire departments come together to launch the Snohomish County Fire Training Academy to meet hiring needs and train recruits locally. Based at South County Fire, the first 14-week academy starts in March. The regional effort allows for sharing of resources, a

focus on county protocols and improved interagency effectiveness at major incidents.

A.C.T. to Save a Life revolutionizes first aid training: South County Fire develops and introduces a new approach to first aid training for the public to teach three skills to save a life, all in an hour or less: Antidote for suspected opiate overdose, CPR/AED for sudden cardiac arrest and Tourniquet for severe bleeding control.



Voters approve EMS levy: In August, regional fire authority voters in the City of Lynnwood and the unincorporated communities of Fire District 1 approve an emergency services levy of 50 cents per \$1,000 of assessed property value. This levy will replace and supersede levies that had been paid directly to the city and fire district. Funding from the EMS levy will be used to purchase and staff another ambulance to maintain response times, as well as continue to fund daily operations.

BOARD NEWS BRIEFS

Commissioners support ballot measure to replace 911 radio system

South County Fire Commissioners unanimously approved a resolution supporting the Nov. 6 ballot measure to fund replacement of the county's aging 911 radio system. Prop. 1 seeks a sales tax increase of one-tenth of one percent to replace the 20-year-old Snohomish County Emergency Radio System that firefighters, police and dispatchers use to communicate when responding to 911 calls. The resolution urges voters to consider the need for maintaining continuous 911 emergency communications.

It's not too late for "no-firework" petitions

South County Fire is continuing to collect petitions from citizens in unincorporated neighborhoods interested in establishing a "no-firework" area. Snohomish County has an ordinance that allows voters to petition the county for a neighborhood firework ban. You can download a petition form and learn more about the process on our website: www.southsnofire.org/fireworks. Return completed petitions to South County Fire and we will deliver them to the Snohomish County Council as we continue to work with these elected officials to address concerns about firework use in the unincorporated communities we serve.

EMS *in action*

Firefighter helps save man who once rescued him

"In this case, payback is a good thing," said Doug Love.

Twelve years ago, Doug rescued Firefighter/Paramedic Neil Kelly after he was seriously injured. In July, Neil returned the favor as part of the South County Fire team that revived Doug after he went into cardiac arrest.

Doug doesn't remember much about that day. It was just after lunch when he and his daughter, Nicole, showed up for a carpet cleaning job at the home of Don and Jan Hunsley east of Everett. The Loves were moving their equipment into the house when Doug collapsed on the lawn. He wasn't breathing and he had no pulse.

Don yelled for his wife to call 911. He and Nicole started CPR. Don had received training at work. Nicole knew CPR from her work as a senior adult in-home caregiver.

Firefighters arrived minutes later and took over. In addition to providing high-performance CPR, the team used a defibrillator to administer an electric shock to restore Doug's heart rhythm, said Janette Anderson, the lead paramedic on the call. "We shocked him three times and got a pulse back."

"It all starts before we get there - having people trained and calm enough to start compressions."

Janette said the early CPR provided by Don and Nicole played a key role in Doug's survival. "It all starts before we get there - having people trained and calm enough to start compressions," she said.

Neil said he and Janette were working in the back of the medic unit on the way to the hospital when he recognized his patient as the friend who had rescued him. "Doug didn't look like himself," Neil said.

In 2006, Neil and Doug were helping out at a church camp on a lake near Spokane when Neil suffered a major spinal injury after being flipped from an inner tube towed by a boat. "I went head first into the water and everything went black. Next thing I knew I was floating in my life jacket in the water and I started to panic because my arms and legs wouldn't work," Neil said.

Doug, aboard his boat, came to Neil's aid. Doug's son, Brett, and his friend, Ben Galbraith, lifted Neil by his life jacket and pulled him onto the boat. Doug rushed him to shore and medical aid. Neil had spinal stenosis and had pinched his spinal column when he hit the water. He slowly regained feeling and use of his limbs over the next four days. After extensive neck surgery, he made a full recovery.

Just as Neil's story had a happy ending, so did Doug's. Doctors could not pinpoint the exact cause of Doug's cardiac arrest. They installed an internal defibrillator and pacemaker, a device about the size of a half-dollar, to prevent future problems. Doug continues to regain his strength as he recovers at his Granite Falls home.



Rescuers celebrated Doug Love's recovery at a barbecue at his home in Granite Falls. From left, Don Hunsley and Doug's daughter, Nicole, who performed CPR; Doug Love; Firefighter/Paramedics Janette Anderson and Neil Kelly; and Doug's wife, Leslie.



A crew of four from South County Fire deployed for 17 days to the Mendocino Complex Fire in California.

Firefighters deploy to region's wildfires

Hot temperatures and dry conditions made for another busy wildland fire season. Our crews deployed to help in our state as well as in Oregon and California. These large-scale incidents help us learn and prepare for future emergencies in our area.

During out-of-area deployments, we maintain normal staffing levels here at home and receive reimbursement from the state for the cost of crews and apparatus on deployment.

Here's a look at where we served this summer:

IN WASHINGTON:

Conrad Fire near Naches: Brent Allen, Jesse Altizer, Andy MacDonald and Justin Pickens.

Little Camas Fire near Cashmere: Assistant Chief Doug Dahl.

Cougar Creek Fire near Entiat: Assistant Chief Doug Dahl and James Brown.

Maple Fire near Brinnon: Deputy Chief Shaughn Maxwell and James Brown.

Mile Post 90 Fire in the Columbia River Gorge: Capt. Nicole Picknell, Brent Allen and Jesse Altizer.

OUT OF STATE:

Long Hollow Fire (Dufur, Ore.) and Natchez/Large Fire Support (Ore./Calif. Border): Assistant Chief Doug Dahl and James Brown.

Mendocino Complex Fire (California): Capt. Don Welch, Brad Cheek, Corey Palmer and Phil Pons.

Taylor Creek Fire (Grants Pass, Ore.): Shawn Evenhus.

MILESTONES

Promoted to Battalion Chief



David Ruddell



Todd Anderson



Promoted to Captain

Above: Moises Castellon, Deanna Herbert, Matt Stiefel and Scott Fitzpatrick.

Left: Josh Peterson and David Matthews

Medic One Paramedic School Graduates



Boris Fayerberg and Andrew McLaurin graduated in July from the 10-month Medic One Paramedic program at Harborview Medical Center.



Recruits begin Snohomish County Training Academy

Nine South County Fire recruits started the 14-week Snohomish County Fire Training Academy on Sept. 17. They are, front row, from left: Elias Hernandez, Mara Spelick, Nadrece Robinson and Dane Becker; back row: Joseph Cox, Jake Hepper, Dale Rodman, Steve Saugen and Blake Watt.



Headquarters

12425 Meridian Ave. S.
Everett WA 98208
(425) 551-1200

www.southsnofire.org

SERVING SOUTH SNOHOMISH COUNTY
BRIER • EDMONDS • LYNNWOOD • MOUNTLAKE TERRACE

Commissioners

Jim Kenny, *Chair*
Benjamin Goodwin, *Vice Chair*
David Chan
Christine Frizzell
Jim McGaughey
Bob Meador
Richard T. Schrock

Fire Chief

Bruce A. Stedman

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South County Fire

Board of Commissioners regular meetings: 7 p.m., first and third Tuesday of each month. Board work sessions: 7 p.m., second Tuesday of each month. All meetings take place at Headquarters unless otherwise posted and are open to the public. Agendas, minutes and videos are available at www.southsnofire.org.

Fire Stations

Fire Station 10
156th Street
3922 156th Street SW
Lynnwood WA 98087

Fire Station 11
Mariner
12310 Meridian Avenue S
Everett WA 98208

Fire Station 12
Hilton Lake
3525 108th Street SE
Everett WA 98208

Fire Station 13
Silver Firs
13611 Puget Park Drive
Everett WA 98208

Fire Station 14
Lynnwood Blue Ridge
18800 68th Avenue W
Lynnwood WA 98037

Fire Station 15
Lynnwood Civic Center
18800 44th Avenue W
Lynnwood WA 98036

Fire Station 16
Edmonds Maplewood
8429 196th Street SW
Edmonds WA 98026

Fire Station 17
Edmonds Downtown
275 Sixth Avenue N
Edmonds WA 98020

Fire Station 18
Brier
21206 Poplar Way
Brier WA 98036

Fire Station 19
Mountlake Terrace
5902 232nd Street SW
Mountlake Terrace WA 98043

Fire Station 20
Edmonds Esperance
23009 88th Avenue W
Edmonds WA 98026

Fire Station 21
Martha Lake
16819 13th Avenue W
Lynnwood WA 98037

Fire Station 22
Hilltop
20510 Damson Road
Lynnwood WA 98036

Fire Station 23
Lake Serene
4323 Serene Way
Lynnwood WA 98087

Thank you voters!

EMS levy continues highest possible level of service

Thank you for supporting the community levy for emergency medical service (EMS). This levy replaces two others that were paid to the City of Lynnwood and Snohomish County Fire District 1.

Eighty-five percent of all our emergency calls are EMS-related. Our EMS program has received national awards for the innovative care we provide. Your support means we can continue providing the highest level of service possible for your family and area businesses.

Replacing the EMS levy is the second step of the regional fire authority plan approved by voters a year ago. That plan combined the Lynnwood Fire Department and Fire District 1 into a single fire service agency, South County Fire, to create greater efficiencies and provide a higher level of service.



Next step: Dissolution of Fire District 1

After replacing the EMS levy, the final step of the plan calls for disbanding Fire District 1. This will streamline government and have no impact on emergency services. Voters in Fire District 1 will likely see this measure on a ballot in early 2019.

New power stretchers provide a smooth ride for patients and reduce firefighter injuries

All South County Fire ambulances are now equipped with power stretchers. They make for a smoother ride for patients and reduce the risk of injuries for firefighters. Battery power allows firefighters to lower, raise and load the new stretchers into the ambulance, all with the push of a button. Compared to manual cots, the powered system is less jarring and provides greater stability when loading patients. The power stretchers reduce the physical strain on firefighters and decrease the risk of workplace injuries.



COMMISSIONER'S CORNER



Fire Prevention Week: Past tragedies offer lessons to improve life safety

By Commissioner Bob Meador

Fire Prevention Week is observed each year in commemoration of the Great Chicago Fire, which began on October 8, 1871. Burning for two days, the fire killed more than 250 people, left 100,000 homeless and destroyed more than 17,000 buildings over 2,000 acres.

In the aftermath, firefighters and civic leaders asked what could be done to better protect life and property in the future. They found the best answer was to take steps to prevent fire from happening in the first place.

Today's fire prevention programs are built on this idea of learning from the past to improve safety now and in the future:

- **FIRE INVESTIGATIONS** look at how fires start as well as factors that contribute to injuries and loss of life. Problem areas identified can be addressed through public education or safety improvements to products and building practices.
- **FIRE CODES AND INSPECTIONS** ensure that buildings are constructed and maintained to protect the public and first responders from fire and smoke.
- **PUBLIC EDUCATION** reaches out with information about avoiding fire hazards and ways you can protect yourself and your family with smoke alarms, sprinklers and fire escape plans.

You play a role in all this, too. This year's Fire Prevention Week theme is "Look. Listen. Learn. Be aware. Fire can happen anywhere." It focuses on three basic, but essential steps all of us can take to reduce the likelihood of a fire – and how to escape if a fire does occur:

LOOK for places fire could start. Take a good look around your home. Identify potential fire hazards and take care of them.

LISTEN for the sound of the smoke alarm. You could have only minutes to escape safely once the smoke alarm sounds. Go to your outside meeting place, which should be a safe distance from the home and where everyone should know to meet.

LEARN two ways out of every room and make sure all doors and windows leading outside open easily and are free of clutter.

Learn more at our Fire Prevention Week Open House on Oct. 13, 10 a.m. to 1 p.m., at Martha Lake Fire Station 21, 16819 13th Ave. W., Lynnwood or at www.southsnofire.org.